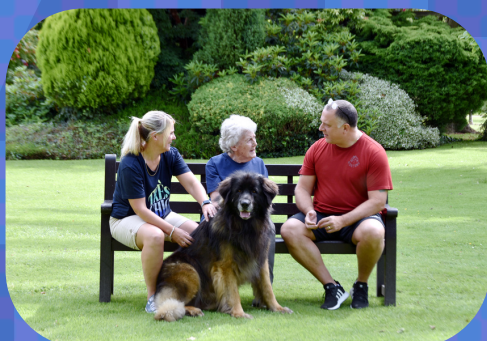


SUPPORTING THE HEALTH & WELLBEING

of the policing profession

LEGACY GIVING INFORMATION PACK



ABOUT THE POLICE TREATMENT CENTRES

Every year The Police Treatment Centres help thousands of the serving police workforce and retired officers return to better health and well-being.

The Police Treatment Centres is a charity that relies on support from people like you. It costs almost £6.5 million each year to keep the two treatment centres operating and provide the treatment our officers so desperately need.

Our vision is to establish the Police Treatment Centres as a centre of excellence delivering class-leading treatment to the policing professional for their physical and psychological injuries, conditions, and illnesses. Through our work, we want to support and encourage our police patients and retired officers to return to better health as swiftly as possible.

PTC Values

- ➔ To put our patients and their needs at the core of everything we do.
- ➔ To put the Serving Police Family at the centre of our work and support Retired Officers where capacity allows.
- ➔ To strive for excellence in the quality of our facilities, care and treatments.
- ➔ We seek to nurture a working environment where colleagues feel valued and experience an atmosphere of mutual respect and absolute integrity in relationships.

Treatment



Residential Physiotherapy



Residential Psychological Wellbeing Programme



Online Physiotherapy



Online Women's Health Programme



Online JRFT Support



Fitness and lifestyle facilities



YOUR LEGACY, THEIR SAFE HAVEN

Why is leaving a gift to the PTC in your will so important?

In 1897, we made it our responsibility to provide treatment and support for injured and ill Police Family members. It's a promise we have upheld to the thousands of Officers attending our class leading treatment Centres since then. Leaving a gift to the Police Treatment Centres helps to ensure that we can continue to be there for future generations of Police Family members; to provide treatment, rehabilitation & support when it's needed most

Why should I leave a gift in my Will to the PTC?

Gifts in Wills provide us with the much needed funds to be able to provide the best level of physical and psychological care to our Police Family patients; whether this be the most up to date equipment, superb facilities or the best team.



For every **£1** donated to the PTC, **90p** goes directly back into patient care. Any amount of gift will help the person behind the uniform;

£20 can provide 1 complementary therapy session

£25 can provide 1 training programme assessment

£35 can provide 1 session with a Patient Counsellor

£50 can provide 1 Physiotherapy session



95%

Of officers continue to follow advice and exercises 6 months post PTC.



HOW THE PTC MAKES A DIFFERENCE

Each year The Police Treatment Centres treats around 4,000 patients across both of our Centres. This intensive support ensures that there is necessary treatment available to support the Health and wellbeing of the policing profession when they need it most!

367



Thrive
Mental
Wellbeing

Patients downloaded the Thrive App in 2023 alone. After receiving treatment all our patients are given a free login for the, so they can continue with their recovery and avoid relapse.

66%

Improvements in pain from admittance to 6 months post PTC treatment



Over



of patients rated their stay as 5 star



"The whole stay was amazing. I have never been able to switch off and deal with issues and reset like this in my whole adult life. The information I received has enabled me to see the full picture and given me the tools to move forward in life in a happier place."

How do I leave a gift in my Will to the PTC?

It is easy to leave a gift in your Will. When making or updating your Will, you just need to let your solicitor know your intentions. There is no obligation to let us know if you do decide to leave a gift to the PTC.

If you do decide to leave a gift to the PTC, all you have to do is give your solicitor our registered address and charity number and your solicitor will do the rest.



Address:
The Police
Treatment Centres,
St Andrews,
Harlow Moor Road,
Harrogate,
HG2 0AD
Charity Number:
1147449

Our promise to you:

- **Your family and loved ones come first** but we hope that, once you have provided for them, if the time is right, you may also wish to remember the PTC.
- **We won't pressure you;** writing your will is a very personal matter and a decision to make in your own time, but we are here to help should you wish to discuss leaving a gift in your will to the PTC.
- **We respect your privacy;** you do not need to let us know if you decide to remember the PTC in your will. However, if you do decide to let us know, we will keep any details you share confidential.
- **We will ensure your gift makes a lasting impact** and will use it with the greatest of care in accordance with your wishes.

If you have any questions or would like to discuss leaving a gift in your will to the PTC please contact:

Engagment@thepolicetreatmentcentres.org

MAKE A DIFFERENCE: Other ways you can support the PTC!

90% of our income comes from voluntary monthly contributions from police staff, police officers and retired officers.

The remaining 10% of our income is generated by our charity lotto, business and breaks, donations, legacies and fundraisers. ..like you!



Lotto

For just £1 per month you can purchase a lottery ticket and be in with the chance to win £1000.



Bed and Breakfast

Accommodation available in Harrogate, North Yorkshire and Auchterarder, Perthshire for the Blue Light Family.



Conference Facilities

Book a meeting room or facilities at our Centres for your next meeting or training day.



Fundraising

Becoming a fundraiser is a fantastic way to support our cause. There's a way for everyone to get involved!



Give as You Live

You can start raising FREE donations for the PTC by shopping online with over 6,000 leading stores.

